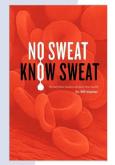
## Experiencing the Relax Sauna is worth a thousand pictures!

A picture is worth a thousand words... You can do the math!

Words Simply Cannot Express the Feeling you get from being inside the Relax Sauna!

## The Relax Sauna is well respected from many of the elite holistic health practitioners BOOKS THAT REFERENCE FAR INFRARED SANUAS AND THE RELAX SAUNA

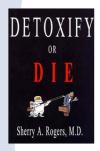
## Dr. Akpinar's book "NO SWEAT?, KNOW SWEAT!"



Dr. Akpinar is a Medical Doctor, Chinese Medical Doctor, Acupuncturist, Holistic Dentist, and a Chi Gong Master. Dr. Bill serves as medical director of the University of Natural Medicine in Santa Fe, New Mexico, and has recently been appointed Surgeon General for the state of Hawaii. Dr. Akpinar was also voted Best Cancer Doctor in NY in 2007.

The Book, "No Sweat?, Know Sweat!" is a classic, and one of the finest reference books on the healing benefits of sweating. Hippocrates is quoted in his book as saying, "Give me a chance to create sweat, and I will cure Disease." In the Book, Dr. Akpinar also points out, "There is evidence that Far Infrared sauna therapy increases Nitric Oxide Levels...," and adds: "Sweat therapy is one of the best ways to rid the body of excess salts that should be removed to obtain optimum health." He also adds, "When you detoxify yourself, you may begin to help detoxify cancer cells right out of your body."

In the second edition of this book, Dr. Akpinar recommends the Relax Far Infrared Sauna as one of the most effective Saunas. He had previously used other Infrared Saunas before he was gifted the Relax Sauna by a grateful relative of one of his (remissioned) cancer patients. After finally using the Relax Sauna, Dr. Bill felt that he found the best Far Infrared Sauna for his practice, and his patients.



**Dr. Sherry Rogers, author of "Detoxify or Die,"** says "Far Infrared Saunas are the Best way to get rid of heavy metals, and the Only way to get plastics out of the body." About 3/4 of her book is about the Research and Benefits of Far Infrared Saunas.

The Relax Sauna heats up in about 20 seconds, and generates about 6 times the amount of Far Infrared Energy as Wooden Infrared Saunas selling for 4 times the cost of the Relax Sauna. A complete Sweat in the Relax Sauna takes only 15-20 minutes, not 45-75 minutes. It is portable, and travel friendly, and can fit nicely in an apartment (or suitcase) and can easily be used in a hotel room.

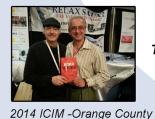
## NASA Doctor personally uses the relax sauna at his clinic, in his home, & at his health retreat.



Dr. Roger Billica, former Chief of medical operations for NASA, and physician of John Glenn, who has an environmental clinic in Fort Collins, Colorado, purchased a Relax Sauna from us at the Best Answer for Cancer Conference in Dallas 4 years ago, after doing a 25 minute sweat in his sweats the night before the conference opened. At that time, he decided to start recommending the Relax Sauna to his patients instead of another sauna that he had been promoting. About 100 patients of his now own Relax Saunas, and are very pleased with the results.

Dr Billica told us in an interview (can be seen on YouTube) that when his patients who have had difficulty sweating finally start sweating with the Relax Sauna, there is a marked improvement in their healing journey.

Dr. Billica has been promoting the benefits of Far Infrared Energy for many years, and feels that environmental toxicity is a huge issue with the health of our nation. He, as do we, believes it would be good to have a far infrared sauna in every home. He tells us that the Relax sauna is very easy to use, one of the best ones out there, very effective, very cost effective and it has become very popular in his practice and with his patients. He uses the Relax Sauna at home most mornings after exercise for about 20 to 30 minutes.



Bill Akpinar w/ Phil Wilson

Dr. Bill Akpinar was a Keynote Speaker at the Feb. 2014 ICIM (Dr. Lee Cowden) Evidence-Based conference: <u>Detoxify - Path to Healing.</u>
The title of his talk was "Sweat therapy as a cornerstone of wellness."

Almost every week, one of Dr. Akpinar's patients calls and orders a Relax Sauna.





Phil Wilson in the Relax Sauna