

# Relax® Far Infrared Saunas

**THE #1 FAR INFRARED SAUNA IN THE ALTERNATIVE MEDICINE COMMUNITY**

PROFESSIONAL QUALITY SAUNAS AND LAMPS



Sit up  
Sauna



Medical  
Lamp



Table  
Lamp



Lie down  
Sauna

## ***The Only Portable Sauna Using Medical Grade Technology!***

**There are 65 years of research on FAR Infrared Energy, indicating amazing documented benefits.**

- **Purest far infrared sauna on the market**

*It took 10 years for the Relax Sauna company to find a way to filter out Near and Mid infrared rays, giving a pure - Over 95% pure concentrated far infrared Energy. Planck's law says that this is impossible. However, The Taiwan scientists working for the Relax Sauna company, found a way to do this, by creating a semi-conductor chip that achieves creating 1500 watts of 98% pure concentrated Far Infrared Energy generating 1470 watts of Pure Far Infrared Energy.*

- **The Reflective Silver Tent is made to act as a Mirror of the Far Infrared Light**

*We **do not believe** plastic belongs in an infrared Sauna. The Relax Sauna uses a tent made of nylon, which pops up in seconds. **All other** portable infrared saunas have a tri-fold of corrugated plastic to hold the tent up. The Relax Sauna tent is coated with real silver which acts as a mirror. Because of this you get an **EVEN distribution of the healing Far Infrared Light** in the Relax Sauna, so that every cell in your body is in front of a source of Far Infrared Energy, causing them to absorb the potent far infrared light.*

- **6 times more far infrared energy than any wooden or portable infrared sauna**

*The Mirroring effect of the Relax Sauna tent creates a sort of wind-chill-factor-like effect, doubling the effectiveness of the Relax Sauna, making it feel like there is 3000 watts of Far infrared Energy generated by the Relax Sauna. All other quality infrared saunas generate between 36-62% Far Infrared energy. Most infrared saunas are 1000 watts. They thus generate only about 500 watts of Far Infrared Energy.*

### **VERY EFFECTIVE IN HELPING WITH**

ARTHRITIS - FIBROMYALGIA - NEUROPATHY  
CANCER - LYME - AUTISM - CROHNS - COLDS &  
FLU - INSOMNIA - LUPUS - HEART PROBLEMS  
SCAR TISSUE REPAIR - & MUCH MORE

### ***Used by Medical Doctors and Naturopathic Doctors***

Relax Sauna is used in hundreds of alternative health clinics and centers around the world. By demonstrating the Relax Sauna at over 200 professional conferences in the last 14 years, we have inspired thousands of holistic health practitioners to purchase relax saunas & to use them in their homes, offices, and clinics. Many practitioners are charging \$40 - \$50 for 15-25 minute sweats, and also re-selling the Relax Saunas to their patients or clients. We drop ship for them.

### ***EMF and the Relax Sauna***

Many who are sensitive to EMF are concerned about the Relax Sauna. The Relax Sauna has NO EMF anywhere in the Sauna where any of your vital organs are, since the Relax Sauna uses the tent as a mirror, It has NO Far infrared panels generating any EMF.

Anything that has a fan - generates EMF. The Relax Saunas generators - near the feet - do generate EMF (about 1/6 the amount of a Vita Mix Blender or a Green Power Juicer). 65 years of Far Infrared Research has shown that Far infrared Energy antidotes EMF (as well as sunburns and nuclear energy reactions). Since the Relax Sauna generates about 6 times the amount of Far Infrared Energy as any other sauna, it is more than 6 times effective in helping to rid your body of the ill effects of previous exposure to EMF. The Relax Sauna has also been shown to Act as an EMF protector. We also have circumstantial evidence testifying to this.

## **See over 500 video testimonials on youtube!**

**To see more, search: "*relax sauna testimonials*" on youtube.com. We have hundreds of reviews and testimonials from health professionals, health enthusiasts, and people of all kinds.**

# *Experiencing the Relax Sauna is worth a thousand pictures!*

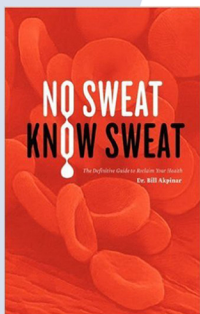
**A picture is worth a thousand words... You can do the math!**

**Words Simply Cannot Express the Feeling you get from being inside the Relax Sauna!**

**The Relax Sauna is well respected from many of the elite holistic health practitioners**

**BOOKS THAT REFERENCE FAR INFRARED SAUNAS AND THE RELAX SAUNA**

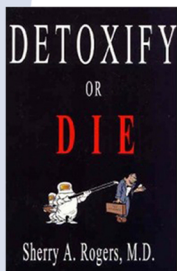
## **Dr. Akpinar's book "NO SWEAT?, KNOW SWEAT!"**



Dr. Akpinar is a Medical Doctor, Chinese Medical Doctor, Acupuncturist, Holistic Dentist, and a Chi Gong Master. Dr. Akpinar serves as medical director of the University of Natural Medicine in Santa Fe, New Mexico, and has recently been appointed Surgeon General for the state of Hawaii. Dr. Akpinar was also voted Best Cancer Doctor in NY in 2007.

The Book, "No Sweat?, Know Sweat!" is a classic, and one of the finest reference books on the healing benefits of sweating. Hippocrates is quoted in his book as saying, "Give me a chance to create sweat, and I will cure Disease." In the Book, Dr. Akpinar also points out, "There is evidence that Far Infrared sauna therapy increases Nitric Oxide Levels..." and adds: "Sweat therapy is one of the best ways to rid the body of excess salts that should be removed to obtain optimum health." He also adds, "When you detoxify yourself, you may begin to help detoxify cancer cells right out of your body."

In the second edition of this book, Dr. Akpinar recommends the Relax Far Infrared Sauna as one of the most effective Saunas. He had previously used other Infrared Saunas before he was gifted the Relax Sauna by a grateful relative of one of his (remissioned) cancer patients. After finally using the Relax Sauna, Dr. Akpinar felt that he found the best Far Infrared Sauna for his practice, and his patients.



**Dr. Sherry Rogers, author of "Detoxify or Die,"** says "Far Infrared Saunas are the Best way to get rid of heavy metals, and the Only way to get plastics out of the body." About 3/4 of her book is about the Research and Benefits of Far Infrared Saunas.

The Relax Sauna heats up in about 20 seconds, and generates about 6 times the amount of Far Infrared Energy as Wooden Infrared Saunas selling for 4 times the cost of the Relax Sauna. A complete Sweat in the Relax Sauna takes only 15-20 minutes, not 45-75 minutes. It is portable, and travel friendly, and can fit nicely in an apartment (or suitcase) and can easily be used in a hotel room.

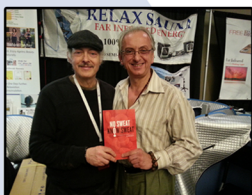
**NASA Doctor personally uses the relax sauna at his clinic, in his home, & at his health retreat.**



Dr. Roger Billica, former Chief of medical operations for NASA, and physician of John Glenn, who has an environmental clinic in Fort Collins, Colorado, purchased a Relax Sauna from us at the Best Answer for Cancer Conference in Dallas 4 years ago, after doing a 25 minute sweat in his saunas the night before the conference opened. At that time, he decided to start recommending the Relax Sauna to his patients instead of another sauna that he had been promoting. About 100 patients of his now own Relax Saunas, and are very pleased with the results.

Dr. Billica told us in an interview (can be seen on YouTube) that when his patients who have had difficulty sweating finally start sweating with the Relax Sauna, there is a marked improvement in their healing journey.

Dr. Billica has been promoting the benefits of Far Infrared Energy for many years, and feels that environmental toxicity is a huge issue with the health of our nation. He, as do we, believes it would be good to have a far infrared sauna in every home. He tells us that the Relax sauna is very easy to use, one of the best ones out there, very effective, very cost effective and it has become very popular in his practice and with his patients. He uses the Relax Sauna at home most mornings after exercise for about 20 to 30 minutes.



2014 ICIM -Orange County  
Bill Akpinar w/ Phil Wilson

**Dr. Bill Akpinar was a Keynote Speaker at the Feb. 2014 ICIM (Dr. Lee Cowden) Evidence-Based conference: Detoxify - Path to Healing. The title of his talk was "Sweat therapy as a cornerstone of wellness."**

*Almost every week, one of Dr. Akpinar's patients calls and orders a Relax Sauna.*

**Dr. Akpinar is also a Chi Gong Master & an Oriental Medical Doctor**



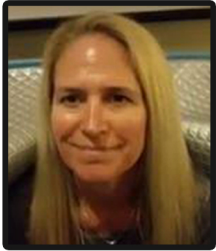
Phil Wilson in the Relax Sauna

# Far Infrared Energy, Autism & The Relax Sauna

Far-infrared Energy is extremely helpful for reducing depression & symptoms of ADHD & Autism.  
It brings Joy, purifies on all levels of existence, augments meditation & inspires creativity.



It has been well known in the Autism community that Far infrared energy generates a specific frequency of light that resonates with the water cells in the body. This increases core temperature, increases micro-circulation, and triggers the release of Nitric oxide from the endothelial lining of the blood vessels. Many articles on the internet attest to the helpful benefits of Far infrared energy for those with Autism, depression, and many other conditions affecting both the mind and the body.



## **The best of all the far infrared saunas I have ever seen** -Karen Thomas

*I have used far infrared saunas in the past. ... I felt they were effective, ... but not to the degree of this one. This I did last night. And I felt it was much more effective*

*The way that I feel today – the energy – and even my gut - feeling more balanced – I was a little bit bloated yesterday - I'm not bloated today at all. I have tons of energy. I feel that this one is much stronger and much more effective. And when I say stronger - in a gentle way, not in a harsh way.*

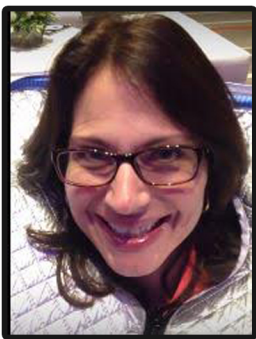
*And I love that it is also portable. I think it is great for parents, especially if you have a child on the autism spectrum, or something like that where you need to be able to take it around for detoxification whether it can fit in any home or any space. You can take it down when you are not using it if you want or you can travel with it. So it's actually a really really great product. I would highly recommend it.*

*I have been recommending far infrared saunas for a long time. They are great for detoxification, great for Lyme, great for just lots of various reasons. But The detoxification issues are really big. And They're really really helpful with that. And Way differently than ... it works with your body's own natural heat processes to turn the heat around and internalize it so the body's own innate healing processes work with it.*

*I absolutely like this product the best of all the far infrared saunas I have ever seen, I would say this one would by far be the best choice. ... I was just saying... I am not being paid to say this. ... This is a really great product.*

**Karen Thomas is a well-known expert on Autism. She has a website: [naturallyhealingautism.com](http://naturallyhealingautism.com) and has written the book: *Natural Healing Autism (a step by step guide, to the complete process to help a child heal from the symptoms of autism - based on what she used to heal her own son from his symptoms.) Karen also has a radio show on [autismone.org](http://autismone.org)***

## **We fell in love with it. This is to me 1000 times better. We use it every day.** -Maria



*I happen to be in the Autism Community; I have 2 kids on the spectrum. My friend Linda told me about the benefits of the Relax Sauna. I told her, "Of course I know about Infrared Saunas. I've been using one from a health spa by me." She told me the Relax Sauna was portable, and Amazing, and ended up loaning me one for 2 weeks.*

*I tried it, and I absolutely fell in love with it. I like this much better than the full saunas for .. many reasons... you have to wait for them to heat up. They are a lot more expensive, more expensive to run, and - it's that half hour - When I am ready to go into a sauna, (kind of impulsive that way) I want to go in right now. I don't want to wait. A lot of times I only have 10 minutes before I need to be somewhere. If I had another full sauna, I wouldn't have the option to even get in it. ... Many times, I go in with my clothes on. I am not sweating. It warms your body from the inside.*

*I tried it out for 2 weeks. My husband tried it. My 2 kids on the spectrum tried it, which is a great detox for them. They have medical issues. We fell in love with it, and decided to take the plunge and buy it. I still have 15 sessions at the health place. I really don't need to go there, when I have this. This is to me 1000 times better. We use it every day. There's always one of us in it.*

*My kids love it. My little one. I have a 9 year old. He regularly says A lot of times in the morning on the way to school, he says, "Mom, I really need to just go into the Sauna for 5 minutes. Please mom, Can I just go in for 5 minutes." (It really helps with his anxiety issues. So it helps bring him down, and centers him. He comes down a different kid.) After school, He brings his books into the sauna, and just reads.*

*It definitely evens you out. I cannot tell you how many times, I am tired and wired. I will hop into the sauna, and still be wide awake, and within the 15-20 minutes, there I am, my head is bobbing, I am so asleep. My husband uses it, the whole family uses it.*

# Relax Far Infrared Sauna

For more information on the Relax Sauna, please contact:



## Relax Far Infrared Energy Products

### Introduce yourself to the best of Energy Medicine

#### Many with LYME DISEASE - Are GRATEFUL for the Relax Sauna !

The energy from the Relax Sauna is unique! You almost need to experience it to see it as VERY DIFFERENT from any Wood Infrared Sauna or from any inexpensive tent sauna.

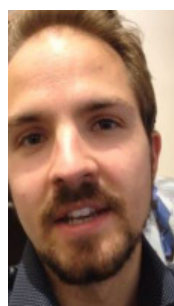


#### I LOVE IT! I would highly recommend it to anybody / Took away aches & pains

I purchased the (Relax) Sauna because I was diagnosed with lyme disease. I had done a lot of research reading that infrared saunas will help with detoxing some of the by-products of the treatment of lyme disease. So I bought it (The Relax Sauna) for that purpose. I used it every day - at least once or twice a day - while I was REALLY, REALLY sick. Then I switched to - i just use it on an occasional basis now. When I was using it regularly, It was a GOD-SEND. It made me feel so much better. It took away the aches and the pains. It allowed me to sweat, get all those toxins out of your body. I would take it, and would take a shower afterwards and get all the sweat off my body. it also makes you sleep very well at night, if you do it prior to going to bed. I don't know how I would have survived my initial lyme treatment without my (Relax) far infrared sauna.

I did a little internet research trying to find one that had good reviews. One that I could get locally. I came down to Momentum98 and purchased my sauna. Mostly on the lyme blogs, the Relax Sauna got the best of reviews: In terms of its use, the chair that came with it was good to sit on. Something where I could sit upright was better for me at the time. The Relax Sauna got a lot of reviews about how sturdy it was, the chair was sturdy it would hold people of various weight sizes. It was easy to get up and down, kind of portable, kinda sorta take it with you. It got better reviews than most of them.

We have had the Relax Sauna for a little over a year, now. I am more than happy. IT GAVE ME MY LIFE BACK, ABSOLUTELY ! I would recommend it to ANYBODY who needed this kind of treatment, or just for general health and well-being. My husband uses it - and he doesn't have lyme disease, or anything else wrong with him. He just uses it because it makes him feel good. My brother is in the store NOW -- PURCHASING ONE!



#### It was a significant part of my wife's healing to about 95% recovery

I bought a Relax Sauna from you at the National Naturopathic Doctor conference in 2012 for my wife. She battled lyme disease for 4 years. She was treated by a lyme-literate medical doctor, And He recommended a sauna half-way through her treatment process. It was a SIGNIFICANT part of her healing in her journey for getting to about 95% recovery. She still uses it to this day.

She was probably at about 75% and she probably went from about 75 to 95% after she was doing 30-60 minute sessions 4-5 times a week. Now she does 30 minutes maybe 3-4 times a week. I am super grateful It's nice to have (the Relax Sauna) in our home. And it is something I recommend to my patients. I Absolutely use it myself for vitality, increased blood flow, ... circulation. It is so critical.

#### Lyme Doctor Shares 2 patient's Great Experiences with Relax Sauna / Made HUGE Difference !

I feel very strongly that far infrared has tremendous capability to help people. These are Both lyme patients, both close to the end of their treatment. Kind of stuck a little bit of where they were. Being in the (Relax) sauna has made a huge difference to them in terms of energy, and pain and their daily capability. They love it.

One lady just has gone crazy with it because nothing was really helping her PAST A CERTAIN POINT ! And now being in this for 20-30 minutes a day, And she can't believe the DIFFERENCE. She has had it close to a year. It has helped her with ... Energy ... Pain ... All the way around. Before that, she was functioning, but she paid for it - a lot - on a daily basis. Three kids that she was raising - very busy lifestyle that was taking a huge toll on her. Now it doesn't take a toll.