

## Relax Saunas of Momentum RelaxSaunas.com

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# **Relax Far Infrared Energy Products**

Introduce yourself to the best of Energy Medicine!

Only Far Infrared Energy Pulsates the Water Molecules!

(near Infrared energy does NOT pulsate the water molecules, and hence does not have a dynamic effect on increasing micro-circulation, core temperature, and lymph flow.)

#### We live in a toxic world!

Dr. Doris Rapp wrote a book, called "Our Toxic World." In this day and age, the water is not pure. The air is not clean, and the food we eat is adulterated in so many ways by using chemicals, pesticides, and more. People are also weekened from nuclear energy, by electromagnetic polution from cell phones, from telephone wires, from electricity, and from all the invisible signals which are used in TV remotes, and in hotel bathrooms. Refrigerators, TV screens, computers, and vacuum cleaners all create energies that can cause problems for sensitive individuals. Dr. Sherry Rogers, an environmental Medical doctor, wrote a book in 2001, called "Detoxify or Die," which was pretty much a testiment for the incredible benefits that one can derive by using *Far infrared Saunas*. As an environmental Doctor, she treated hundreds of patients with multi-chemical sensitivity, who were greatly helped by *Far Infrared Saunas*. Not all EMF is bad for you. The Earth Itself generates EMF. And so do Healing Magnets. (i.e. Good Fats, Bad Fats). The Fear of EMF is - and this is important - about 20 times worse than EMF itself. The Relax Sauna radiators actually act as EMF protectors, and Far Infrared Energy has been proven to Antidote the ill effects of previous exposure to EMF, as is pointed out by Dr. Sherry Rogers. Far infrared Energy also antidotes Nuclear Energy, and antidotes Sunburn.

### What is Far Infrared Energy?

Of all the energies that the Sun radiates, it is the Far Infrared Energy that is responsible for photosynthesis. It passes through the sand and resonates with the water in turtle eggs, causing the embryo to grow into a turtle. It is the energy that warms you to the core on a cold day, going through your clothes, and warming your core on a warm day, going through sweaters and bathing suits. We are light beings, and ourselves generate 75 watts of Far Infrared Energy of about 9.4 microns. Water cells generate far infrared light of about 8 microns. Far infrared Energy is the loving light of the sun. It is a light energy. It goes through clothes, and although invisible, it is still a light that is reflected by mirrors. The speed of light is 186,000 miles per second. So far infrared energy goes pretty fast. Humans are actually far infrared Light Beings. Far infrared energy is essentially the same energy we emanate, and hence we resonate with it.

#### What is a Far Infrared Sauna?

A far infrared Sauna, in Japan is a Sauna that has emitters that generate over 95% Far Infrared Energy. If it does not generate at least 95% Far Infrared Energy, then in Japan, it is ONLY an Infrared Sauna. Far infrared Saunas generate far infrared energy which resonates with the water cells and the organic cells of your body. It is this resonating that causes your water cells and organic cells to pulsate. This pulsating action results in an increase in micro-circulation, and an increase in Core Temperature of your Body. (The Relax Sauna is the only Far Infrared Sauna in Japan.)

This then causes toxins to be released from the cells of your body, and further mobilizes the lympatic system to give your body enough Oomph to get the toxins Out of Your body, through the urine, the lungs, the colon, and through sweating. Again -- a far infrared Ray Sauna is an Energy Medicine Machine. It works by emitting Far Infrared Energy, that pulsales your cells. A regular wooden sauna only heats the air. If the air is really hot, it can cause you to sweat. The deep penetrating Far infrared Energy on the other hand resonates with the cells of your body, causing a very deep churning, and cleansing of your cells, causing a more oily sweat than one would get by sweating during a work-out, or in a regular sauna. In other words, a Far Infrared Sauna is NOT Really a Sauna.

A sauna (Finnish Sauna) heats the air, causing you to sweat. Sweating is a good healthy activitiy, but it is not the same as being in a Far Infrared Sauna. Remember a prairie dog is not a dog, a sea lion is not a lion, and a seahorse is not a horse. A far infrared sauna is not really a sauna. It is an energy medicine machine that resonates with the cells of your body, causing an inner reaction which cleanses, detoxifies, and purifies the body of so much stuff that interferes with your body, mind and emotions functioning optimally. There are thousands of research articles about What Far Infrared Energy can do, and what it has been researched to do. The Results are profound.