

Heavy Metal Toxicity ? 2007- 2008 Before & After pictures of Karen Russell

Karen reports that after 2 1/2 years of struggling with heavy metal toxicity (mercury, lead, etc.), although she had had moderate success with a number of other products, her symptoms still persisted, and her lab reports all showed too much mercury and lead. After 5 weeks of using the Relax Sauna, Karen felt so much better. Her lab reports also for the 1st time showed normal levels of mercury and lead.

Note: Karen had already lost some weight before getting the Relax sauna. However, after using the sauna, she reports to us that in the next 2 months, her skin texture dramatically changed, her cellulite decreased 65-70%,

her skin was no longer dry, & her fat content went from 38% to 20%.

## Massage Therapists are amazed at the difference 10 minutes in the Sauna makes

We have been having amazing reports recently by many massage therapists and health professionals. After a massage therapist in Detroit got a Relax Sauna from us, she put one of her MS clients in the Sauna, and the relief was so great, this Massage Therapists ordered 3 more saunas to sell to this client, and 2 others.

It is almost common knowledge among massage therapists that when they put their clients in the RELAX sauna for just 10 minutes, they can generally give a "50 minute massage" in about 25 minutes. Another health professional doing reconnective tissue work also reported to us even better results. "Massaging people after they have been in the RELAX sauna for 10 minutes is like butter melting in the microwave," we have been told.

# Diabetic Ulcers disappear in 2 months

A lady who owns a spa in Philadelphia bought our sauna because she was impressed with our report showing how the Sky Eye Professional Radiator had helped a huge ulcer heal in only 7 weeks. (see below.) She has been using the Relax Sauna in her health spa, charging for 20 minute sessions. She reported to us that she has had two clients who each had maybe 5-10 small diabetic ulcers on their legs. Both, after using the sauna just twice a week, had their diabtic ulcers clear up in just 2 months.

## No More Hepatitis C / No liver transplant needed

She also reported to us that a man who had hepatitis C no longer has it, and that a lady told she needed a liver transplant no longer needs one. Both received a series of sauna treatments.

## Fibromyalgia, Chronic Fatigue, Arthritis, & Pain

The Relax Sauna has been used by many with arthritis, fibromyalgia, & aches & pains. Those going through Kidney dialysis also report greatly reduced side effects when using a FIR sauna before these treatments.



#### Mayo Clinic says Good for Heart

According to a 2004 article, Scientists at the Mayo Clinic experimented with Heart patients, using FIR Saunas, and found out that these saunas are NOT ONLY SAFE, but turn around the health of the most serious end-stage heart patients.

#### **Cancer Clinics Recommend Saunas**

When we exhibit at the Cancer Control Society Conventions every year, we are extremely popular. Most of the doctors speaking explain the protocol they use in their clinics, and most of them recommend that their patients use a FIR Sauna.

# **Sleeping Better**

We are getting many reports from those who have been using the Relax Sauna regularly, that they sleep so much better than before.

One lady would come into our store and use our sauna for 5-10 minutes 2-3 times a week. She has reported to us on those days she used the sauna she did not need any sleeping pills, and she slept great. After 3 months of using the sauna for just 5-10 minutes 2-3 times a week, just barely sweating, she has reported to us she no longer needs any sleeping pills period.

We were at a show in Cincinnati, and a lady bought a sauna from us. We took it up to her hotel room for her. The next day, she told us that she used the sauna for just 15 minutes before going to bed, and she had the best sleep she has ever had in a hotel before !

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